



preferred
HEALTH CARE SERVICES

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EARLY BIRD COST (by April 14, 2010)
\$125 p.p.

After April 14, 2010 \$145 p.p.

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\$115 p.p.

Please make cheques payable to:

Preferred Health Care Services.

302 Town Centre Blvd, Suite 200

Markham ON L3R 0E8

Tel: 905-477-4006 ext. 2084

Fax: 905-415-7623

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Cancellation Policy: Refunds, less a \$ 25.00 administration fee, will be given for registration cancellations received in writing at the Preferred Health Care Services office on or before April 21, 2010. No Refunds will be issued for registration cancellations received after April 21, 2010.

Confirmations and Receipts: Registration is confirmed by email, unless otherwise notified. Please call if you wish verbal confirmation. Receipts will be provided at the conference. GST 83397 6871 RT0001

Sponsors 

 ARJOHUNTLEIGH

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Holiday Inn Hotel & Suites
7095 Woodbine Avenue
Tel: (905) 474-0444

The Holiday Inn is located on the east side of Woodbine Avenue, 1 block north of Steeles Avenue.

From Hwy 401 take Don Valley Parkway/Hwy 404 North. Exit 22 Woodbine Avenue/Steeles Avenue. Stay straight to go onto Woodbine Avenue. Turn right on Idema Road into the Hotel.

From Hwy 407 exit Woodbine Avenue South to Idema Road. Turn left into the Hotel.

From Hwy 404 South, exit at Hwy 7 East. Turn South on Woodbine Avenue to Idema Road. Turn left into the Hotel. Call and reserve your room by April 21st, 2010 to receive the special rate of \$125 (plus taxes)/per night, double occupancy. (mention Preferred Health Care Services)

You're invited

6th Annual PSW Conference

FOR MORE
INFO PLEASE
CONTACT:

May 5th, 2010

HOLIDAY INN

Meagan Whitehorn
905-477-4006 ext. 2084

Fax: 905-415-7623

events@prethealthcare.com

prethealthcare.com

7095 WOODBINE AVE

MARKHAM ON



preferred
HEALTH CARE SERVICES



Agenda for May 5th, 2010

- 0830 – 0900 Registration and Continental Breakfast
- 0900 – 0905 Welcome and Introductions
- 0905 – 1045 Ethical Decision-Making Toolkit— **Frank Wagner**
- 1045 – 1100 Break in lower foyer
- 1100 – 1230 Breakout series 'A' – please choose from the following sessions
- A1 – Oral Health Care for Seniors with **Dr. Peter Brymer of Direct Dentistry**
- A2 – Strategies for Pressure Ulcer Prevention with **Eva Borland of Smith & Nephew**
- A3 – The Significance of the PSW's Role in Palliative Care-End of Life Care **Bev Zangari of Preferred Health Care Services**
- 1230 – 1315 Lunch in foyer and Melville Room

Speakers & Sessions

- 1315 – 1445 Breakout series 'B' – please choose from the following sessions
- B1 – Providing the Best Care for your Client with Parkinson's Disease with **Jan Goldstein Elman & Rebecca Gruber**
- B2 – Caregiver & Compassion Fatigue with **Jennifer Fitzgerald of PalCare Network of York Region**
- B3 – Toileting Tasks: Transfer Assessment, Equipment and Infection Control with **Sebastien Normandin of ARJO Canada**
- 1445 – 1500 Nourishment Break in lower foyer
- 1500 – 1600 Meaning at Work— **Denis Collier**
- 1600 Door Prizes, Closing, and Evaluations

A1 — Oral Health Care in Long Term Care by **Dr. Peter Brymer of Direct Dentistry**

Description: This session will focus on the importance of continued oral care for residents of long term care homes. The importance of the inter-disciplinary team and the role that PSWs play in geriatric dentistry will be discussed.

A2 — A Guide to Prevention of Pressure Ulcers and Skin Tears by **Eva Borland of Smith and Nephew**

Description: It has been suggested that 95% of pressure ulcers can be prevented.³ Other literature suggests that good preventive care can result in less skin breakdown and fewer pressure ulcers and leads to emotional benefits for patients, families, and caregivers. Good skin care can have a positive impact on the patient's overall health, including morale, self-esteem, and susceptibility to pain and infection. Families are reassured when quality care is evident and gain confidence in the staff and facility. Caregivers are motivated when they see the difference they can make. And a motivated staff can lead to increased employee satisfaction and improved patient outcomes.

A3 — The Significance of the PSW's Role in Palliative Care-End of Life Care by **Beverly Zangari**

Description: The focus of care offered to individuals and their family as well as the **approach** to providing support and comfort while they travel the road to "End of Life" is very specialized. This interactive session will provide concrete interventions for clients/residents/family members to maximize (enhance) their quality of life with an end stage disease. The significance of the role of the Personal Support Worker will be emphasized during the "End of Life Care". We will also join together in discussing individual care plans using two case scenarios. We will look at individual strategies that could be introduced to manage pain and other symptoms. Participants will be given information on how to provide social, psychological, cultural, emotional, spiritual stress and grief support which can be experienced while providing "End of Life Care".

B1 — Providing the Best Care for your Client with Parkinson's Disease (PD) by **Jan Goldstein Elman & Rebecca Gruber**

Description: PD, a degenerative neurological condition, affects 3-5% of people over the age of 60. This session will discuss the symptoms, treatment, and common effects of PD on your older clients' daily functioning. You will learn what exercise can help these clients, as well as how to best assist your clients in their daily functions, thus increasing their independence and mobility.

B2 — Tools for Transforming Compassion Fatigue by **Jennifer Fitzgerald of the PalCare Network of York Region**

Description: Do you feel both physically & emotionally exhausted by your job? Is it harder for you to cope with the daily demands of your work? Do you feel frustrated and apathetic at the same time? Come to this session to find out if you or someone you know is suffering from Compassion Fatigue and if burnout is a natural consequence of care giving and what you can do to keep it at bay.

Learn why compassion fatigue occurs and what can be done about it. Let's have fun learning some new self care treatments to help devise strategies to develop a better work/life balance.

B3 — Toileting Tasks: Transfer Assessment, Equipment and Infection Control by **Sebastien Normandin of ARJO Canada**

Description: In this session we will perform an overview of assessment considerations when identifying how to transfer individuals of various mobility levels in order to perform toileting tasks. This will be followed by a demonstration of various pieces of equipment that can facilitate the process. Finally, bed side practices concerning the management of receptacles with the goal of minimizing the spread of infectious disease will be explored.

Join us for an interactive and informative 90 minutes as we explore methods of making these daily tasks safer and more comfortable for the resident, while keeping the safety and well-being of the caregivers in mind.